

preparing for the end-of-year show: June 13-14, 2009

Dear Parents and Students,

We hope that you are as excited about this June's Academy of Ballet Demonstration and Chamberdance performance as we are. Here is some information to help students get ready for our show.

Please note that parents are **not permitted backstage during the rehearsal or the performance** (except those who are designated as backstage assistants). Parents should be prepared to drop off their students and pick them up after the demonstration at the left side of the theater lobby near the black curtain.

There is limited space at the theater. **Makeup and hair should be as prepared as possible before arriving at the theater.** Students should bring legwarmers or sweaters to ensure that they are not chilled while waiting backstage for the performance. **Please be sure to pack a snack and water** as the rehearsal and performance will take time.

Please also do not forget to pack street clothes. Once the student has finished the demonstration, he or she may leave the theater with a parent. If a student would like to watch the remaining performance of Chamberdance after completing the demonstration, **he or she must first change into street clothes before entering the theater.** We, of course, hope that all of the students of the Academy of Ballet and their parents will want to see the Chamberdance performance. It is a wonderful opportunity to see where the discipline of classical ballet can lead as young dancers develop and advance. Tickets may be purchased at the Fort Mason Box Office (415-345-7575 or www.fortmason.org).

There is no charge for the *performing students* to watch the show; however, **if parents would like to watch the performance with their child, they will need to purchase a ticket.**

Saturday, June 13

**1:30 pm: Pre-Ballet through Ballet VI
ARRIVE at Cowell Theater for
Demonstration Rehearsal.**

4:00 pm-6:30 pm: Break

6:30 pm: RETURN to Cowell Theater

8:00 pm: PERFORMANCE

Sunday, June 14

**12:30 pm: Ballet I through Ballet V ARRIVE
at the Cowell Theater for
Demonstration Rehearsal.**

2:00 pm: Pre-Ballet ARRIVES at the Cowell

3:00 pm: PERFORMANCE

on the day of the show

Rehearsal times will be announced, but **plan to come 15 to 30 minutes early** so that rehearsals can begin exactly at the time posted. Parking can be VERY tight at Fort Mason and it's a long walk from the car to the theater door. *Please also note that parking in the Fort Mason lot is FREE for the first hour.*

Hair should be put up in a tight, high bun on the back of the head. The hair should be wrapped in hair net and bobby pins should be used to secure the bun to the back of the head. Your flower headpiece (found with your skirt) should be pinned on the left side of the bun. See the other side for instructions.

Make-up should be light for the performance. Ladies should have a little eyeliner and mascara, a pale-colored eye-shadow, light pink blush and pink lipstick. **You should NOT wear any jewelry and remove any nail polish.**

Each **chiffon skirt** and headpiece is in the dressing room at the theater. Skirts should be tied with a bow in the back and stitched into place.

If you have questions, please call the Academy of Ballet at (415) 552-1166.

checklist

- Pink "footed" tights
- Pink ballet slippers
- Leotard with thin strap in the following colors:
 - Ballet II/III: Light Blue
 - Ballet IV: Burgundy
 - Ballet V: Navy Blue
 - Ballet VI: Black
- Rubber band or other elastic
- Bobby pins and/or hair pins
- Hair net
- Hair gel and/or hair spray
- Eyeliner/mascara
- Light colored eye-shadow
- Pink blush
- Pink lipstick

- Snack & Water
- Legwarmers/sweater
- Street clothes to change into

how to make a bun

If you're not used to making a neat bun, it's a good idea to practice a few times before the day of the show!

You'll need:

a brush and a comb
hair gel ("strong hold")
1 elastic hair tie
2 bun nets
12-16 hair pins or bobby pins
hair spray

1. Thoroughly wet a brush or comb and run it through the hair to remove knots. Then smooth gel over the hair and "fringe" to help hold any stray hairs back from the face.

2. Brush the hair smoothly into a ponytail.

3. Tie the ponytail with an elastic hair tie. Don't make the ponytail too high or too low as in the small photos to the right.

4. Dampen the ponytail with a little water or a wet brush and gather it in your hands.

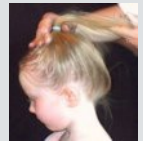
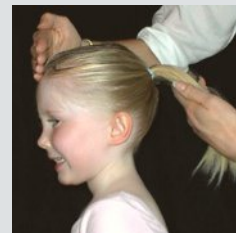
6. Roll the hair into a neat, flat coil and secure it with a few pins.

9. Place on two bun nets. Secure them with more pins around the edge.

10. Lastly spray the whole hairdo with plenty of hairspray and pin the flower on the left side of the bun.



too high!



too low!

