

## preparing for the end-of-year show: June 9-10, 2007

### Dear Parents and Students,

We hope that you are as excited about this June's Academy of Ballet Demonstration as we are. Here is some information to help students get ready for our show.

Please note that parents are **not permitted backstage during the rehearsal or the performance** (except those who are designated as backstage assistants). Parents should be prepared to drop off their students and pick them up after the demonstration at the left side of the theater lobby near the black curtain.

There is limited space at the theater. **Makeup and hair should be as prepared as possible before arriving at the theater.**

Students should bring legwarmers or sweaters to ensure that they are not chilled while waiting backstage for the performance. However, the student needs to make sure that all coverings are removed before she goes onto the stage. **Please be sure to pack a snack and water** as the rehearsal and performance will take time and we need to make sure that the student is refreshed and ready to perform.

Please also do not forget to pack street clothes. Once the student has finished the demonstration, he or she may leave the theater with a parent. If a student would like to watch the remaining performance of Chamberdance after completing the demonstration, he or she must first change into street clothes before entering the theater. **No students will be allowed in the theater in a leotard and tights.**

There is no charge for students to watch the performance; however, **if parents would like to watch the performance with their child, they will need to purchase a ticket as seating is limited** and performances are often sold out.

If you have questions, please call the Academy of Ballet at (415) 552-1166.

### on the day of the show

**Rehearsal times** will be announced, but **plan to come ten to fifteen minutes early** so that rehearsals can begin exactly at the time posted.

**Hair** should be put up in a tight, high bun on the back of the head. The hair should be wrapped in hair net and bobby pins should be used to secure the bun to the back of the head. Your flower headpiece (found with your skirt) should be pinned on the left side of the bun. See the other side for instructions.

**Make-up** should be light for the performance. Ladies should have a little eyeliner and mascara, a pale-colored eye-shadow, light pink blush and pink lipstick. **You should NOT wear any jewelry and remove any nail polish.**

Each **chiffon skirt** is labeled with a number and hanging with your headpiece in the dressing room at the theater. Skirts should be tied with a bow in the back and stitched into place. **Students must return skirt to the matching numbered hanger at the end of the performance.**

### checklist

- Pink "footed" tights
- Pink ballet slippers
- Leotard with thin strap in the following colors:
  - Ballet I/II: Light Blue
  - Ballet IV/V: Navy Blue
  - Ballet VI: Black
- Rubber band or other elastic
- Bobby pins and/or hair pins
- Hair net
- Hair gel and/or hair spray
- Eyeliner/mascara
- Light colored eye-shadow
- Pink blush
- Pink lipstick
- Snack & Water
- Legwarmers/sweater
- Street clothes to change into

## how to make a bun

If you're not used to making a neat bun, it's a good idea to practice a few times before the day of the show!

### You'll need:

a brush and a comb  
hair gel ("strong hold")  
1 elastic hair tie  
2 bun nets  
12-16 hair pins or bobby pins  
hair spray

1. Thoroughly wet a brush or comb and run it through the hair to remove knots. Then smooth gel over the hair and "fringe" to help hold any stray hairs back from the face.

2. Brush the hair smoothly into a ponytail.

3. Tie the ponytail with an elastic hair tie. Don't make the ponytail too high or too low as in the small photos to the right.

4. Dampen the ponytail with a little water or a wet brush and gather it in your hands.

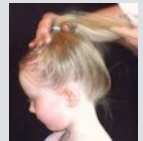
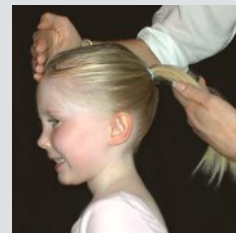
6. Roll the hair into a neat, flat coil and secure it with a few pins.

9. Place on two bun nets. Secure them with more pins around the edge.

10. Lastly spray the whole hairdo with plenty of hairspray and pin the flower on the left side of the bun.



too high!



too low!

